

**Livability  
Netteswell Rectory  
Essex**



**Independence**

- + Empowerment**
- + Community**

**It all adds up to**

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**Livability**

# Welcome + Choice + Personalised



**'I'd always liked bowling but my disability means I can't really play, so I just watched. Then I heard about boccia from a member of staff here - I'd never heard of it before. I've been going for a year now.'**

**James, resident**



# Welcome to Livability

**Livability Nettesswell Rectory in Essex is a picturesque residential care home for nine adults with learning disabilities. We are in a quiet location yet town is easily accessible within ten minutes.**

People that live at Livability Nettesswell have a lot of individual choice, with active support from staff.

The service takes a person-centred, flexible approach. We know that everyone's needs and aspirations are different – that all sorts of things add up to a flourishing life.

Together, with the people that use our services, we create bespoke care plans that support personal goals and needs. People are encouraged to participate in all decision-making relating to their own care and wellbeing and feel in control of their care. Active support is employed to ensure consistent involvement and achievement.



**Martin Oliver**  
**Manager**



**Homely**  
**+ Modern**  
**+ Friendly**



## What can you expect?

### About the home

Our spacious environment provides modern facilities, communal and individual spaces for people that live at the home. Our facilities provide a homely feel. Our residents love playing pool in our games room or getting active in the large garden.

### Facilities include:

- 8 individual rooms
- 1 studio apartment
- Large outdoor and garden spaces with walk ways
- Self-decoration of rooms - residents can choose their preferred colour scheme
- 3 communal kitchens
- 3 communal lounges with TV, video and music system
- 3 communal bathrooms and level access showers
- Laundry room
- Profiling beds
- Wifi



## Community connections

With an active network of supporting services and community partners, people that live at Livability Netteswell Rectory enjoy opportunities to pursue a wide range of recreational activities. Gardening, sports and fitness all support residents independence.

The home is well situated, within easy reach of the town centre offering a range of local amenities, including: a leisure centre, the theatre, shopping and more. The area is served by a good train service, with fast train services to London.

## Our staff and values

Our dedicated and professional team are carefully chosen for their skills and compassion. They have extensive experience of empowering people to live their lives. Working to Livability's values, we are open, enabling, inclusive and courageous in all that we do.

# Staff + Confidence + Enabling



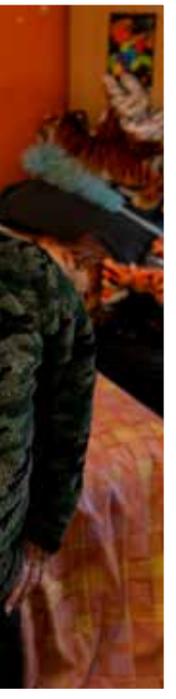
**'I've learned quite a bit and become more independent. I like living here because it's friendly.'**

**Roberta, resident**

**"The people that live at the home are supported to enjoy a variety of activities and social opportunities, based on their preferences as part of everyday life."**

**Essex County Council Quality Improvement Team.**





# Our approach

Together and with the people that use our services, we create bespoke care packages that help people live the life they want to lead.

## Person-centred and flexible

Livability puts the person at the centre of care planning: enabling individuals to work out what their care needs are, choose the support they want and have control over their life.

## Growing wellbeing

We enable connections that help people thrive. Personal health and wellbeing does better when people enjoy supportive networks. We enable the people that use our services to follow their interests and get involved in their community.

## Working with strengths

Our focus is on looking at the strengths people have, rather than what they lack. We help people make use of their skills, knowledge and relationships.

## Supporting spirituality

Livability has a broad and inclusive Christian ethos. People of all faiths and none are welcomed. We believe in the equality and unique value of every person, supporting everyone to discover and fulfil their potential.

## Continuous improvement

Livability strives to deliver services of the highest quality and constantly seeks to improve through listening, reflection, learning and action.

**Livability Netteswell Rectory is part  
of the Livability family of services.**

Livability is the charity that exists to support disabled people to live a life that adds up for them.

Working together and with the people we support, we tackle barriers that impact disabled people, to enable better wellbeing and participation for all.

Delivering a wide range of care, education, vocation and rehabilitation services, we strive to grow community connections that help people thrive.

**It all adds up to**

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# Livability

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