

Livability Brookside House Barnet



Independence

- + Empowerment**
- + Community**

It all adds up to

Livability

Welcome + Choice + Personalised





Welcome to Livability

Livability Brookside is a modern residential care home for disabled adults, set in a leafy area of Edgware, North London.

Our team of trained staff work hard to provide a supportive and therapeutic environment for all our residents, enabling them to achieve their personal goals.

The service takes a person-centred, flexible approach to ensure residents have control and choice over their care. We know that everyone's needs and aspirations are different – that all sorts of things add up to a flourishing life.

Residents are actively involved in their community, enjoying regular fitness classes, sports, healthy eating support and much more. Independent living is an area of speciality in addition to nursing care provided onsite.

Together, with the people that use our services, we create bespoke care plans that support needs. Residents are encouraged to participate in all decision-making relating to their own care and well-being.

Diane Cannas
Manager

Active
+ Modern
+ Friendly



What can you expect?

About the home

Livability Brookside House contains a series of individual, wheelchair-accessible apartments, each with its own front door, en-suite bathroom and kitchen area. The communal area includes a large dining-room, lounge and a computer area.

These include:

- Studio apartments with ensuite shower facilities, wifi and telephones if requested
- Outdoor and garden spaces with accessible walk ways
- Communal accessible kitchen
- Communal lounge with TV, video and music system
- Lift and automatic doors
- Self-decoration of rooms – residents can choose their preferred colour scheme
- Communal bathrooms with adjustable baths
- Laundry room
- Accessible features: Profiling beds, hoists and voice activated technology

The home is well situated, within easy reach of the shops, restaurants and parks. The area is served by a good train and tube service, with train lines leading in to London and surrounding area. There is also a wheelchair accessible minibus at the service.



Community connections

With an active network of supporting services and community partners including the local rotary club and school, people that live at Livability Brookside House enjoy an active life.

Activities:

Our activity coordinator helps residents stay active and healthy.

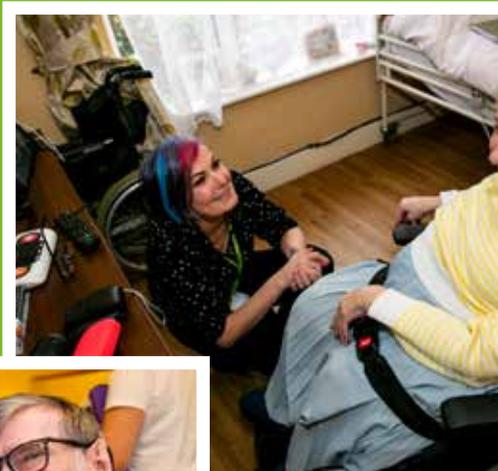
- Sports and fitness activities including Boccia club
- Gardening
- Social clubs including restaurant trips
- Arts and crafts activities
- Faith partnership and local places of worship
- Local singing group

Our staff and values

Our dedicated and professional team are carefully chosen for their skills and compassion. They have extensive experience of empowering people to live their lives. Working to Livability's values, we are open, enabling, inclusive and courageous in all that we do. Our staff prioritise wellbeing and safeguarding.

Developing our workforce is a priority – our teams have NVQ levels 3 or 4 in Health and Social Care and some are studying QCF levels 2 and 3 in Health and Social Care.

Accessible + Confidence + Enabling



'I think life is what you make of it. I enjoy living at Brookside because there's a good community feeling here. We have attentive and caring staff and I get on well with my fellow residents. All in all, it's a happy home.'

Resident





Our approach

Together and with the people that use our services, we co-produce care packages that help people live the life they want to lead.

Person-centred and flexible

Livability puts the person at the centre of their care planning. We help individuals work out what their care needs are, choose the support they want and have control over their life.

Growing wellbeing

We enable connections that help people thrive. Personal health and wellbeing does better when people enjoy supportive networks. We enable the people that use our services to follow their interests and get involved in their community.

Working with strengths

Our focus is on looking at the strengths people have, rather than what they lack. We help people make use of their skills, knowledge and relationships.

Supporting spirituality

Livability has a broad and inclusive Christian ethos. People of all faiths and none are welcomed. We believe in the equality and unique value of every person, supporting everyone to discover and fulfil their potential.

Continuous improvement

Livability strives to deliver services of the highest quality and constantly seek to improve through listening, reflection, learning and action.



**Livability Brookside House is part of the
Livability family of services.**

Livability is the charity that exists to support disabled people to live a life that adds up for them.

Working together and with the people we support, we tackle barriers that impact disabled people, to enable better wellbeing and participation for all.

Delivering a wide range of care, education, vocation and rehabilitation services, we strive to grow community connections that help people thrive.

It all adds up to

Livability

Livability Brookside House,
Ash Close, Edgware, Middlesex, HA8 8YD
Tel: 020 8959 2792

Email: LivabilityBrookside@livability.org.uk

www.livability.org.uk/brooksidehouse   LivabilityUK

Livability is a registered charity and company limited by guarantee in England and Wales. Charity No: 1116530 and Company No: 5967087. Registered office: 6 Mitre Passage, London, SE10 0ER.



Registered with
**FUNDRAISING
REGULATOR**